Spa
NIKUR

Chalet Ivy Weiss

スパ
Spa

Whispers of the wind, the pulse of the forest, and the stillness of the snow
Niseko's grand nature gently envelops the body, spirit, and mind, inviting you to begin an elegant journey of healing where you forget the passage of time.

NIKUR Spa begins by directing your attention to deep breathing. It is a time to step away from the busy daily life or the hustle of travel and surrender yourself to the wind blowing through Hokkaido's forests, the clear air, and the tranquility brought by the snow.
With this breath as your guide, we offer a moment where the body and mind resonate with the energy of the earth, harmonizing with nature's blessings.

Please enjoy a one-of-a-kind spa experience,
filled with peace and richness, within
the slowly flowing time of tranquility.

CONCEPT

- Body・ Spirit・ Mind -

調和
Harmony

Surrender yourself to the majestic nature of Hokkaido and feel the moment
when your mind and body become one. The quiet breath of the forest, the clear air,
and the stillness of the snow release inner tension and guide you to deep relaxation.
Through treatments utilizing nature's blessings, you can experience
"Harmony," which releases the five senses and balances the mind and body.
Please enjoy a time full of tranquility and richness that can only be experienced here.

回復
Recovery

Hokkaido's land gently soothes your tired mind and body.
Local herbs and medicinal plants, nurtured by the harsh climate, contain blessings full of vitality.
With treatments incorporating the power of nature, your bodily functions are regulated
with deep breathing, and vitality is restored from within.
This blissful time, enveloped in the earth's energy, will guide you back to your innate wellness.

解放
Release

Hokkaido's nature, enveloped in deep tranquility,
gently releases the tension accumulated in the mind.
Using " Made in Japan essential oils" that incorporate herbs and natural fragrances,
We regulate your breathing and lightly release your mind and body.
A blissful time where the peace brought by the fragrance and a warm touch harmonize, leading you to inner stillness. Enjoy the feeling of release, stepping away from the daily noise and regaining your true self.

SIGNATURE

NIKUR Spa's Special Spa Journey

Chalet Ivy Weiss - 導き Michibi-ki (Guidance) –

Body and Facial

Foot Bath + Oil Body Massage + Express Facial

	Total
90 minutes	￥38,000
120 minutes	￥46,000

Begin with a soothing footbath to ease your body into relaxation, followed by a whole body oil massage that leads you into a state of deep tranquility. This journey continues with a facial massage using premium, carefully selected Japanese skincare products.
Surrounded by the delicate scents of Hokkaido's natural beauty, enjoy a luxurious moment of total bliss for both body and mind.

Chalet Ivy Weiss - 解き To-ki (Release) -

Jade and Basalt hot stone massage

Foot Bath + Oil Body Massage + Hot Stone

90 minutes	￥35,000
120 minutes	￥43,000

Heated jade stones, known for balancing the mind and body while instilling a deep sense of security, are applied directly to the skin during this massage. Much like the steady heartbeat of the Earth, their gentle yet profound warmth reaches deep into the muscles, melting away tension, chill, and fatigue. Combined with the healing power of carefully selected pure essential oils, this treatment guides you into a state of profound relaxation. Surrender yourself to the natural blessings of Hokkaido and enjoy a luxurious moment that awakens every sense.

Chalet Ivy Weiss - 囁き Sasaya-ki (Whisper) -

※ Available starting in June

Wellness treatment

Foot Bath +Meditation & Yoga Ritual + Oil Body Massage

90 minutes	￥35,000
120 minutes	￥43,000

After a comforting footbath, our therapist will lead you through meditation and simple yoga stretches to anchor your awareness in the present moment. Once the mental clutter fades, your treatment begins in total tranquility. Experience a deep-tissue oil massage infused with botanical aromas that nourish the soul.
The more your mind relaxes, the more profound the physical release becomes. Enjoy a blissful journey to restore harmony and lightness to both body and spirit.

❀ The total payment includes a 13% service charge and 10% consumption tax.

BODY

Wellness and Retreat

癒 Relaxation Body Treatment

Healing

Foot Bath + Whole Body Oil Massage

	Total
60 minutes	￥25,000
90 minutes	￥35,000
120 minutes	￥43,000

This is an aroma oil treatment where a gentle rhythm and elegant touch invite the mind and body into a world of tranquility. Carefully selected aroma blends bring deep peace and release mental tension. This ultimate healing and gentle peace, where tranquility fills with every breath and the five senses are delicately sharpened, leads the mind and body to harmony.

活 Deep Tissue Treatment

Vitality

Foot Bath + Whole Body Oil Massage

60 minutes	￥25,000
90 minutes	￥35,000
120 minutes	￥43,000

This is a powerful and refined deep tissue treatment that works thoroughly on the deep layers of the muscles. Recommended for those with chronic stiffness or muscle fatigue, those who enjoy sports, and men. Precise strokes and firm pressure by skilled therapists relieve stiffness, promote blood flow, and awaken vitality from within. Please spend a blissful time resetting your mind and body and regaining a strong condition in the tranquility enveloped by Hokkaido's nature.

解 Dry Body Massage

Release

Foot Path + Whole Body Dry Massage

60 minutes	￥25,000
90 minutes	￥35,000
120 minutes	￥43,000

This is a sophisticated body massage performed while clothed, without the use of oil. It combines ancient Japanese techniques with modern bodywork, carefully loosening deep stiffness while incorporating stretching. Please spend a blissful time adjusting your mind and body lightly in a space enveloped in tranquility.

❀ The total payment includes a 13% service charge and 10% consumption tax.

FACIAL

		Total
Facial Treatment	60 minutes	￥27,000
Moisture Japanese Facial	90 minutes	￥35,000
Cleansing + Toner + Facial & Décolleté Massage + Mask + Scalp Massage + Toner + Serum + Cream		

Discover the power of our curated Made-in-Japan skincare through a facial treatment designed for deep hydration and radiance. With high-performance ingredients that reach the inner layers of your skin, this experience provides the pinnacle of blissful care, leaving your skin beautifully revitalized and glowing.

BLUME

Japanese Herbal Skincare

For women who pursue authenticity and live boldly in the present.
In every era, a woman with grace and strength is truly beautiful.

Even in today's world—overflowing with information and ever-changing values
there are women who wish to remain true to themselves, to be naturally poised and resilient.

BLUME edena was created for such women:
those who seek authenticity and live with strength, inspired by the power of flowers and plants,
combined with results grounded in dermatological science.

For skin that is beginning to show signs of aging, we offer not temporary solutions,
but essential skincare that allows you to experience real, day-by-day transformation.

By awakening the skin's natural abilities,
We help you build skin that remains resilient against the effects of time.

FOOT

Foot Massage

Foot bath + Foot and Leg massage

	Total
60 minutes	￥23,000

Begin your journey with a fragrant, warm footbath that calms the senses.
The soothing heat improves circulation and balances the mind, maximizing the effectiveness of your following treatment.
We invite you to enjoy this luxurious moment of peace and deep relaxation.

OPTION

Additional Care

Enhance your experience by adding this to any other menu item.

Foot massage	30 minutes	¥9,000
Head care massage	30 minutes	¥9,000

Reservations & Inquiries

During your stay, please contact NIKUR Spa (Ext. 1240) or the Front Desk (Ext. 1201).
Hours of Operation: 12:00 PM – 11:00 PM (Last entry at 9:00 PM)
For treatment requests before 12:30 PM, please place your reservation by 5:00 PM the previous day.

❀ The total payment includes a 13% service charge and 10% consumption tax.

KAORI TO - かおりと -

Hokkaido & Japanese Essential Oil

Aroma weaves together experiences, objects, and emotions all through the power of scent.

KAORI TO is a fragrance brand that focuses on essential oils carefully extracted in Japan,
using aromatic resources found in rural regions across the country.

Our founder personally visits each producer to confirm the quality and aroma,
ensuring that only trustworthy materials and essential oils extracted
within kaorito's own facilities are used.

The fragrances of Japanese plants resonate with the deep layers of our senses,
stimulating the five senses and bringing positive changes to both body and mind.

Scent has the power to convey feelings that words cannot express.
It can also become a way to express one's true self. Fragrance connects with memory and emotion
and those memories and emotions, in turn, connect to places, objects, and people

Let your feelings ride on a fragrance.
Turn moments into memories, and fill your happiest times with a scent.

WELLNESS

- Private YOGA Session -

(1st September – 16th October)

			Total
Weiss Morning Yoga - 目覚め Awake -	40 minutes	2 people	¥8,500
		1 person	¥4,500

Embraced by nature, a morning yoga — in the Outdoor Area

Recommended time: 7:30 AM - 11:00 AM

Up to 2 people

Begin your day wrapped in the crisp freshness of the morning air as this gentle practice gradually awakens the body through mindful movement and breath. Moving in the morning helps softly reset your body clock, encouraging a natural balance to your sleep rhythm while traveling. For guests planning a hike or other outdoor activities later in the day, the class incorporates a selection of stretching-focused postures designed to improve flexibility, release tension, and prepare the body for an active day ahead.

Mountain Refresh Yoga - 巡らせ Circulate –	70 minutes	2 people	¥15,000
		1 person	¥8,000

A yoga experience tailored to your stay — in the Outdoor Area

Consultation + Private Yoga Session + Relaxation

Up to 2 people

Overlooking majestic mountain landscapes, this class is designed to help release the fatigue of travel and restore a sense of balance and well-being. Through mindful movement and conscious breathing, you will gently awaken the body and cultivate a feeling of lightness and ease. For guests experiencing stiffness or discomfort from long journeys, the practice focuses on soothing stretches and poses that help release tension in the shoulders, back, and hips, leaving you refreshed and ready to enjoy the rest of your day.

Reservations & Inquiries

For information regarding available Yoga reservation dates, please contact
NIKUR Spa (Ext. 1240) or the Front Desk (Ext. 1201).
Hours of Operation: 7:30 AM – 4:00 PM (Last entry at 2:30 PM)

❀ The total payment includes a 13% service charge and 10% consumption tax.

Cancellation Policy

For cancellations or changes made **less than 24 hours before** the treatment appointment, a **100% cancellation fee** will apply.
If you cancel due to an injury or other medical reasons and provide a medical certificate issued by a hospital, a **cancellation fee of 50%** of the total amount will apply.

Please come to the NIKUR SPA reception 10 minutes before your reservation.
We cannot accept any plan changes or refunds for last minute reservations.
In addition, refunds are not possible if you wish to shorten the treatment time.
For any late arrival, the treatment will correspond to the original end time of the reserved schedule.

Thank you for your understanding.

Guest Information

1. **Required Time**
   Please arrive at the NIKUR Spa reception on the 7th floor 10 minutes prior to your reservation time.
   In addition to the indicated treatment duration, please allow approximately 10 minutes for the initial consultation, changing, tea service, and other procedures.
2. **Rates**
   All prices are subject to a 13% service charge and consumption tax.
3. **Reservations**
   We recommend making a reservation in advance to ensure availability at your preferred time.
   For details regarding the courses, please feel free to contact our staff.
4. **Usage Conditions**
   All guests aged 16 and over staying at the hotel may enjoy all courses regardless of gender. Guests under 16 are required to be accompanied by a guardian, either by signing a consent form or staying in the same room during the treatment.
5. **Pregnant or Breastfeeding Guests**
   If you are pregnant or breastfeeding, please inform us when making your reservation. We will guide you to treatments that are safe and suitable during pregnancy or breastfeeding.
6. **Attire**
   Guests staying at the hotel may visit the spa wearing a yukata and indoor slippers. Please refrain from visiting in room wear or pajamas.
7. **Handling of Valuables**
   Please use the safety box provided in your guest room for valuables. Kindly note that the spa cannot be held responsible for any theft or loss.

For further information,
please contact NIKUR Spa (**extension 1240**) or the Front Desk (**extension 1201**).

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